

Mental and Emotional Overload Part 2

2 Timothy 1:7 (AMPC)

For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but [He has given us a spirit] of power and of love and of calm and well-balanced mind and discipline and self-control.

2 Corinthians 4:8 (AMPC)

We are hedged in (pressed) on every side [troubled and oppressed in every way], but not cramped or crushed; we suffer embarrassments and are perplexed and unable to find a way out, but not driven to despair;

1 Corinthians 10:13 (AMPC)

For no temptation (no trial regarded as enticing to sin), [no matter how it comes or where it leads] has overtaken you and laid hold on you that is not common to man [that is, no temptation or trial has come to you that is beyond human resistance and that is not adjusted and adapted and belonging to human experience, and such as man can bear]. But God is faithful [to His Word and to His compassionate nature], and He [can be trusted] not to let you be tempted and tried and assayed beyond your ability and strength of resistance and power to endure, but with the temptation He will [always] also provide the way out (the means of escape to a landing place), that you may be capable and strong and powerful to bear up under it patiently.
Footnotes
1 Corinthians 10:13 Joseph Thayer, A Greek-English Lexicon.
1 Corinthians 10:13 Henry Alford, The Greek New Testament.
1 Corinthians 10:13 Marvin Vincent, Word Studies.

1 Corinthians 14:33 (AMPC)

For He [Who is the source of their prophesying] is not a God of confusion and disorder but of peace and order. As [is the practice] in all the churches of the saints (God's people),

James 4:1 (AMPC)

4 What leads to strife (discord and feuds) and how do conflicts (quarrels and fightings) originate among you? Do they not arise from your sensual desires that are ever warring in your bodily members?

James 4:2 (AMPC)

You are jealous and covet [what others have] and your desires go unfulfilled; [so] you become murderers. [To hate is to murder as far as your hearts are concerned.] You burn with envy and anger and are not able to obtain [the gratification, the contentment, and the happiness that you seek], so you fight and war. You do not have, because you do not ask.

Matthew 11:28-29 (AMPC)

Come to Me, all you who labor and are heavy-laden and overburdened, and I will cause you to rest. [I will ease and relieve and refresh your souls.] Take My yoke upon you and learn of Me, for I am gentle (meek) and humble (lowly) in heart, and you will find rest (relief and ease and refreshment and recreation and blessed quiet) for your souls. Footnotes Matthew 11:28 William Tyndale, The Tyndale Bible. Matthew 11:28 John Wycliffe, The Wycliffe Bible. Matthew 11:28 Joseph Thayer, A Greek-English Lexicon. Matthew 11:29 Alexander Souter, Pocket Lexicon. Matthew 11:29 Joseph Thayer, A Greek-English Lexicon.