

Monday

Emotions Part 1

[Romans 8:8 \(AMP\)](#)

and those who are in the flesh [living a life that caters to sinful appetites and impulses] cannot please God.

[1 Corinthians 3:3 \(AMPC\)](#)

For you are still [unspiritual, having the nature] of the flesh [under the control of ordinary impulses]. For as long as [there are] envying and jealousy and wrangling and factions among you, are you not unspiritual and of the flesh, behaving yourselves after a human standard and like mere (unchanged) men?

[1 Corinthians 3:3 \(AMPC\)](#)

For you are still [unspiritual, having the nature] of the flesh [under the control of ordinary impulses]. For as long as [there are] envying and jealousy and wrangling and factions among you, are you not unspiritual and of the flesh, behaving yourselves after a human standard and like mere (unchanged) men?

[1 Corinthians 3:3 \(AMP\)](#)

You are still worldly [controlled by ordinary impulses, the sinful capacity]. For as long as there is jealousy and strife and discord among you, are you not unspiritual, and are you not walking like ordinary men [unchanged by faith]? Footnotes¹ 1 Corinthians 3:3Lit fleshly.1 Corinthians 3:3Lit fleshly.

Tuesday

Emotions Part 2

James 1:4 (AMPC)

But let endurance and steadfastness and patience have full play and do a thorough work, so that you may be [people] perfectly and fully developed [with no defects], lacking in nothing.

Wednesday

Do It Afraid

2 Timothy 1:7 (AMPC)

For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but [He has given us a spirit] of power and of love and of calm and well-balanced mind and discipline and self-control.

1 John 4:18 (AMPC)

There is no fear in love [dread does not exist], but full-grown (complete, perfect) love turns fear out of doors and expels every trace of terror! For fear brings with it the thought of punishment, and [so] he who is afraid has not reached the full maturity of love [is not yet grown into love's complete perfection]. Footnotes¹ John 4:18Marvin Vincent, Word Studies.¹ John 4:18Joseph Thayer, A Greek-English Lexicon.

Joshua 1:9 (AMPC)

Have not I commanded you? Be strong, vigorous, and very courageous. Be not afraid, neither be dismayed, for the Lord your God is with you wherever you go.

2 Corinthians 5:17 (AMPC)

Therefore if any person is [ingrafted] in Christ (the Messiah) he is a new creation (a new creature altogether); the old [previous moral and spiritual condition] has passed away. Behold, the fresh and new has come!

Romans 4:18 (AMPC)

[For Abraham, human reason for] hope being gone, hoped in faith that he should become the father of many nations, as he had been promised, So [numberless] shall your descendants be.

Proverbs 15:15 (AMPC)

All the days of the desponding and afflicted are made evil [by anxious thoughts and forebodings], but he who has a glad heart has a continual feast [regardless of circumstances].

Luke 10:10-11 (AMPC)

But whenever you go into a town and they do not receive and accept and welcome you, go out into its streets and say, Even the dust of your town that clings to our feet we are wiping off against you; yet know and understand this: the kingdom of God has come near you.

Luke 10:16 (AMPC)

He who hears and heeds you [disciples] hears and heeds Me; and he who slights and rejects you slights and rejects Me; and he who slights and rejects Me slights and rejects Him who sent Me.

1 Corinthians 4:3 (AMPC)

But [as for me personally] it matters very little to me that I should be put on trial by you [on this point], and that you or any other human tribunal should investigate and question and cross-question me. I do not even put myself on trial and judge myself.

1 Thessalonians 2:13 (AMPC)

And we also [especially] thank God continually for this, that when you received the message of God [which you heard] from us, you welcomed it not as the word of [mere] men, but as it truly is, the Word of God, which is effectually at work in you who believe [exercising its superhuman power in those who adhere to and trust in and rely on it]. Footnotes¹ Thessalonians 2:13 Marvin Vincent, Word Studies.

Matthew 19:26 (AMPC)

But Jesus looked at them and said, With men this is impossible, but all things are possible with God.

Psalms 32:8 (AMPC)

I [the Lord] will instruct you and teach you in the way you should go; I will counsel you with My eye upon you.

James 4:2 (AMPC)

You are jealous and covet [what others have] and your desires go unfulfilled; [so] you become murderers. [To hate is to murder as far as your hearts are concerned.] You burn with envy and anger

and are not able to obtain [the gratification, the contentment, and the happiness that you seek], so you fight and war. You do not have, because you do not ask.

Luke 22:42 (AMPC)

Saying, Father, if You are willing, remove this cup from Me; yet not My will, but [always] Yours be done. Footnotes Luke 22:42 Charles B. Williams, The New Testament: A Translation: “in the Greek present imperative, denoting continued action.”

Thursday

7 Common Fears Part 1

1 John 4:18 (AMPC)

There is no fear in love [dread does not exist], but full-grown (complete, perfect) love turns fear out of doors and expels every trace of terror! For fear brings with it the thought of punishment, and [so] he who is afraid has not reached the full maturity of love [is not yet grown into love's complete perfection]. Footnotes 1 John 4:18 Marvin Vincent, Word Studies. 1 John 4:18 Joseph Thayer, A Greek-English Lexicon.

Romans 8:15 (AMPC)

For [the Spirit which] you have now received [is] not a spirit of slavery to put you once more in bondage to fear, but you have received the Spirit of adoption [the Spirit producing sonship] in [the bliss of] which we cry, Abba (Father)! Father!

Ephesians 1:5 (AMPC)

For He foreordained us (destined us, planned in love for us) to be adopted (revealed) as His own children through Jesus Christ, in accordance with the purpose of His will [because it pleased Him and was His kind intent]—Footnotes Ephesians 1:5 Marvin Vincent, Word Studies in the New Testament.

John 6:28-29 (AMPC)

They then said, What are we to do, that we may [habitually] be working the works of God? [What are we to do to carry out what God requires?] Jesus replied, This is the work (service) that God asks of you: that you believe in the One Whom He has sent [that you cleave to, trust, rely on, and have faith in His Messenger].

Acts 17:28 (AMPC)

For in Him we live and move and have our being; as even some of your [own] poets have said, For we are also His offspring.

Romans 3:28 (AMPC)

For we hold that a man is justified and made upright by faith independent of and distinctly apart from good deeds (works of the Law). [The observance of the Law has nothing to do with justification.]

Galatians 2:16 (AMPC)

Yet we know that a man is justified or reckoned righteous and in right standing with God not by works of the Law, but [only] through faith and [absolute] reliance on and adherence to and trust in Jesus Christ (the Messiah, the Anointed One). [Therefore] even we [ourselves] have believed on Christ Jesus, in order to be justified by faith in Christ and not by works of the Law [for we cannot be justified by any observance of the ritual of the Law given by Moses], because by keeping legal rituals and by works no human being can ever be justified (declared righteous and put in right standing with God).

Matthew 3:17 (AMPC)

And behold, a voice from heaven said, This is My Son, My Beloved, in Whom I delight!

Daniel 9:23 (AMPC)

At the beginning of your prayers, the word [giving an answer] went forth, and I have come to tell you, for you are greatly beloved. Therefore consider the matter and understand the vision.

Daniel 10:11 (AMPC)

And [the angel] said to me, O Daniel, you greatly beloved man, understand the words that I speak to you and stand upright, for to you I am now sent. And while he was saying this word to me, I stood up trembling.

Daniel 10:19 (AMPC)

And he said, O man greatly beloved, fear not! Peace be to you! Be strong, yes, be strong. And when he had spoken to me, I was strengthened and said, Let my lord speak, for you have strengthened me.

Exodus 14:13 (AMPC)

Moses told the people, Fear not; stand still (firm, confident, undismayed) and see the salvation of the Lord which He will work for you today. For the Egyptians you have seen today you shall never see again.

2 Corinthians 5:17 (AMPC)

Therefore if any person is [ingrafted] in Christ (the Messiah) he is a new creation (a new creature altogether); the old [previous moral and spiritual condition] has passed away. Behold, the fresh and new has come!

Psalm 103:12 (AMPC)

As far as the east is from the west, so far has He removed our transgressions from us.

Friday

7 Common Fears Part 2

[1 John 4:18 \(AMPC\)](#)

There is no fear in love [dread does not exist], but full-grown (complete, perfect) love turns fear out of doors and expels every trace of terror! For fear brings with it the thought of punishment, and [so] he who is afraid has not reached the full maturity of love [is not yet grown into love's complete perfection]. Footnotes¹ John 4:18Marvin Vincent, Word Studies.¹ John 4:18Joseph Thayer, A Greek-English Lexicon.

[John 21:15 \(AMPC\)](#)

When they had eaten, Jesus said to Simon Peter, Simon, son of John, do you love Me more than these [others do—with reasoning, intentional, spiritual devotion, as one loves the Father]? He said to Him,

Yes, Lord, You know that I love You [that I have deep, instinctive, personal affection for You, as for a close friend]. He said to him, Feed My lambs.

John 21:18 (AMPC)

I assure you, most solemnly I tell you, when you were young you girded yourself [put on your own belt or girdle] and you walked about wherever you pleased to go. But when you grow old you will stretch out your hands, and someone else will put a girdle around you and carry you where you do not wish to go.

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John 21:15-18 (AMPC)

When they had eaten, Jesus said to Simon Peter, Simon, son of John, do you love Me more than these [others do—with reasoning, intentional, spiritual devotion, as one loves the Father]? He said to Him, Yes, Lord, You know that I love You [that I have deep, instinctive, personal affection for You, as for a close friend]. He said to him, Feed My lambs. Again He said to him the second time, Simon, son of John, do you love Me [with reasoning, intentional, spiritual devotion, as one loves the Father]? He said to Him, Yes, Lord, You know that I love You [that I have a deep, instinctive, personal affection for You, as for a close friend]. He said to him, Shepherd (tend) My sheep. He said to him the third time, Simon, son of John, do you love Me [with a deep, instinctive, personal affection for Me, as for a close friend]? Peter was grieved (was saddened and hurt) that He should ask him the third time, Do you love Me? And he said to Him, Lord, You know everything; You know that I love You [that I have a deep, instinctive, personal affection for You, as for a close friend]. Jesus said to him, Feed My sheep. I assure you, most solemnly I tell you, when you were young you girded yourself [put on your own belt or girdle] and you walked about wherever you pleased to go. But when you grow old you will stretch out your hands, and someone else will put a girdle around you and carry you where you do not wish to go.

Mark 8:34 (AMPC)

And Jesus called [to Him] the throng with His disciples and said to them, If anyone intends to come after Me, let him deny himself [forget, ignore, disown, and lose sight of himself and his own interests] and take up his cross, and [joining Me as a disciple and siding with My party] follow with Me [continually, cleaving steadfastly to Me]. FootnotesMark 8:34Joseph Thayer, A Greek-English Lexicon. Mark 8:34Joseph Thayer, A Greek-English Lexicon. Mark 8:34Kenneth Wuest, Word Studies.