

7 Ways to Increase Your Happiness Part 3

[Psalm 5:11 \(AMPC\)](#)

But let all those who take refuge and put their trust in You rejoice; let them ever sing and shout for joy, because You make a covering over them and defend them; let those also who love Your name be joyful in You and be in high spirits.

[Matthew 16:24 \(AMPC\)](#)

Then Jesus said to His disciples, If anyone desires to be My disciple, let him deny himself [disregard, lose sight of, and forget himself and his own interests] and take up his cross and follow Me [cleave steadfastly to Me, conform wholly to My example in living and, if need be, in dying, also].

[Matthew 16:24 \(AMPC\)](#)

Then Jesus said to His disciples, If anyone desires to be My disciple, let him deny himself [disregard, lose sight of, and forget himself and his own interests] and take up his cross and follow Me [cleave steadfastly to Me, conform wholly to My example in living and, if need be, in dying, also].

[Matthew 16:24-25 \(AMPC\)](#)

Then Jesus said to His disciples, If anyone desires to be My disciple, let him deny himself [disregard, lose sight of, and forget himself and his own interests] and take up his cross and follow Me [cleave steadfastly to Me, conform wholly to My example in living and, if need be, in dying, also]. For whoever is bent on saving his [temporal] life [his comfort and security here] shall lose it [eternal life]; and whoever loses his life [his comfort and security here] for My sake shall find it [life everlasting].

[Matthew 16:26 \(AMPC\)](#)

For what will it profit a man if he gains the whole world and forfeits his life [his blessed life in the kingdom of God]? Or what would a man give as an exchange for his [blessed] life [in the kingdom of God]?

John 12:24 (AMPC)

I assure you, most solemnly I tell you, Unless a grain of wheat falls into the earth and dies, it remains [just one grain; it never becomes more but lives] by itself alone. But if it dies, it produces many others and yields a rich harvest.

Psalm 37:4 (AMPC)

Delight yourself also in the Lord, and He will give you the desires and secret petitions of your heart.

2 Corinthians 8:5 (AMPC)

Nor [was this gift of theirs merely the contribution] that we expected, but first they gave themselves to the Lord and to us [as His agents] by the will of God [entirely disregarding their personal interests, they gave as much as they possibly could, having put themselves at our disposal to be directed by the will of God]—