Monday

Freedom from Struggle and Self-Effort - Part 1

Romans 8:1 (AMPC)

THEREFORE, [there is] now no condemnation (no adjudging guilty of wrong) for those who are in Christ Jesus, who live [and] walk not after the dictates of the flesh, but after the dictates of the Spirit. [John 3:18.]

Romans 6:6 (AMPC)

We know that our old (unrenewed) self was nailed to the cross with Him in order that [our] body [which is the instrument] of sin might be made ineffective and inactive for evil, that we might no longer be the slaves of sin.

Romans 7:15-24 (AMPC)

For I do not understand my own actions [I am baffled, bewildered]. I do not practice or accomplish what I wish, but I do the very thing that I loathe [which my moral instinct condemns]. Now if I do [habitually] what is contrary to my desire, [that means that] I acknowledge and agree that the Law is good (morally excellent) and that I take sides with it. However, it is no longer I who do the deed, but the sin [principle] which is at home in me and has possession of me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot perform it. [I have the intention and urge to do what is right, but no power to carry it out.] For I fail to practice the good deeds I desire to do, but the evil deeds that I do not desire to do are what I am [ever] doing. Now if I do what I do not desire to do, it is no longer I doing it [it is not myself that acts], but the sin [principle] which dwells within me [fixed and operating in my soul]. So I find it to be a law (rule of action of my being) that when I want to do what is right and good, evil is ever present with me and I am subject to its insistent demands. For I endorse and delight in the Law of God in my inmost self [with my new nature]. [Ps. 1:2.] But I discern in my bodily members [in the sensitive appetites and wills of the flesh] a different law (rule of action) at war against the law of my mind (my reason) and making me a prisoner to the law of sin that dwells in my bodily organs [in the sensitive appetites and wills of the flesh]. O unhappy and pitiable and wretched man that I am! Who will release and deliver me from [the shackles of] this body of death?

Romans 7:24-25 (AMPC)

O unhappy and pitiable and wretched man that I am! Who will release and deliver me from [the shackles of] this body of death? O thank God! [He will!] through Jesus Christ (the Anointed One) our
Lord! So then indeed I, of myself with the mind and heart, serve the Law of God, but with the flesh the law of sin.

Romans 7:24 (AMPC)

O unhappy and pitiable and wretched man that I am! Who will release and deliver me from [the shackles of] this body of death?

1 John 2:1 (AMPC)

MY LITTLE children, I write you these things so that you may not violate God's law and sin. But if anyone should sin, we have an Advocate (One Who will intercede for us) with the Father—[it is] Jesus Christ [the all] righteous [upright, just, Who conforms to the Father's will in every purpose, thought, and action].

Tuesday

Freedom from Struggle and Self-Effort – Part 2

1 John 2:1 (AMPC)

MY LITTLE children, I write you these things so that you may not violate God's law and sin. But if anyone should sin, we have an Advocate (One Who will intercede for us) with the Father—[it is] Jesus Christ [the all] righteous [upright, just, Who conforms to the Father's will in every purpose, thought, and action].

Romans 8:34 (AMPC)

Who is there to condemn [us]? Will Christ Jesus (the Messiah), Who died, or rather Who was raised from the dead, Who is at the right hand of God actually pleading as He intercedes for us?

1 Peter 2:16 (AMPC)

[Live] as free people, [yet] without employing your freedom as a pretext for wickedness; but [live at all times] as servants of God.
Hebrews 4:3 (AMPC)

For we who have believed (adhered to and trusted in and relied on God) do enter that rest, in accordance with His declaration that those [who did not believe] should not enter when He said, As I swore in My wrath, They shall not enter My rest; and this He said although [His] works had been completed and prepared [and waiting for all who would believe] from the foundation of the world. [Ps. 95:11.]

Hebrews 4:10-11 (AMPC)

For he who has once entered [God's] rest also has ceased from [the weariness and pain] of human labors, just as God rested from those labors peculiarly His own. [Gen. 2:2.] Let us therefore be zealous and exert ourselves and strive diligently to enter that rest [of God, to know and experience it for ourselves], that no one may fall or perish by the same kind of unbelief and disobedience [into which those in the wilderness fell].

Romans 12:3 (KJV)

For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.

John 13:23 (AMPC)

One of His disciples, whom Jesus loved [whom He esteemed and delighted in], was reclining [next to Him] on Jesus' bosom.

Romans 15:13 (AMPC)

May the God of your hope so fill you with all joy and peace in believing [through the experience of your faith] that by the power of the Holy Spirit you may abound and be overflowing (bubbling over) with hope.

**Wednesday**

**Freedom of Self-Control - Part 1**
John 8:31-32 (AMPC)

So Jesus said to those Jews who had believed in Him, If you abide in My word [hold fast to My teachings and live in accordance with them], you are truly My disciples. And you will know the Truth, and the Truth will set you free.

Romans 14:12 (AMPC)

And so each of us shall give an account of himself [give an answer in reference to judgment] to God.

John 8:36 (AMPC)

So if the Son liberates you [makes you free men], then you are really and unquestionably free.

Acts 24:24-25 (AMPC)

Some days later Felix came with his wife Drusilla, who was a Jewess; and he sent for Paul and listened to him [talk] about faith in Christ Jesus. But as he continued to argue about uprightness, purity of life (the control of the passions), and the judgment to come, Felix became alarmed and terrified and said, Go away for the present; when I have a convenient opportunity, I will send for you.

Matthew 25:1-2 (AMPC)

THEN THE kingdom of heaven shall be likened to ten virgins who took their lamps and went to meet the bridegroom. Five of them were foolish (thoughtless, without forethought) and five were wise (sensible, intelligent, and prudent).

Luke 4:7 (AMPC)

Therefore if You will do homage to and worship me [just once], it shall all be Yours.

Thursday

Freedom of Self-Control – Part 2
Galatians 5:22-23 (AMPC)

But the fruit of the [Holy] Spirit [the work which His presence within accomplishes] is love, joy (gladness), peace, patience (an even temper, forbearance), kindness, goodness (benevolence), faithfulness, Gentleness (meekness, humility), self-control (self-restraint, continence). Against such things there is no law [that can bring a charge].

Galatians 5:25 (AMPC)

If we live by the [Holy] Spirit, let us also walk by the Spirit. [If by the Holy Spirit we have our life in God, let us go forward walking in line, our conduct controlled by the Spirit.]

Ephesians 2:10 (AMPC)

For we are God's [own] handiwork (His workmanship), recreated in Christ Jesus, [born anew] that we may do those good works which God predestined (planned beforehand) for us [taking paths which He prepared ahead of time], that we should walk in them [living the good life which He prearranged and made ready for us to live].

Matthew 7:13-14 (AMPC)

Enter through the narrow gate; for wide is the gate and spacious and broad is the way that leads away to destruction, and many are those who are entering through it. But the gate is narrow (contracted by pressure) and the way is straitened and compressed that leads away to life, and few are those who find it. [Deut. 30:19; Jer. 21:8.]

Philippians 3:14 (AMPC)

I press on toward the goal to win the [supreme and heavenly] prize to which God in Christ Jesus is calling us upward.

2 Peter 1:3 (AMPC)

For His divine power has bestowed upon us all things that [are requisite and suited] to life and godliness, through the [full, personal] knowledge of Him Who called us by and to His own glory and excellence (virtue).
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excellence (virtue).

Matthew 25:23 (AMPC)

His master said to him, Well done, you upright (honorable, admirable) and faithful servant! You have
been faithful and trustworthy over a little; I will put you in charge of much. Enter into and share the
joy (the delight, the blessedness) which your master enjoys.

1 Corinthians 6:12 (AMPC)

Everything is permissible (allowable and lawful) for me; but not all things are helpful (good for me to
do, expedient and profitable when considered with other things). Everything is lawful for me, but I
will not become the slave of anything or be brought under its power.

2 Timothy 1:7 (AMPC)

For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear),
but [He has given us a spirit] of power and of love and of calm and well-balanced mind and discipline
and self-control.

Friday

Are You Frustrated with Yourself?

Romans 7:15 (ESV)

For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate.
Matthew 5:48 (AMPC)

You, therefore, must be perfect [growing into complete maturity of godliness in mind and character, having reached the proper height of virtue and integrity], as your heavenly Father is perfect. [Lev. 19:2, 18.]

Hebrews 5:13 (AMPC)

For everyone who continues to feed on milk is obviously inexperienced and unskilled in the doctrine of righteousness (of conformity to the divine will in purpose, thought, and action), for he is a mere infant [not able to talk yet]!

2 Corinthians 5:21 (AMPC)

For our sake He made Christ [virtually] to be sin Who knew no sin, so that in and through Him we might become [endued with, viewed as being in, and examples of] the righteousness of God [what we ought to be, approved and acceptable and in right relationship with Him, by His goodness].

John 8:31-32 (AMPC)

So Jesus said to those Jews who had believed in Him, If you abide in My word [hold fast to My teachings and live in accordance with them], you are truly My disciples. And you will know the Truth, and the Truth will set you free.

2 Timothy 4:3-4 (AMPC)

For the time is coming when [people] will not tolerate (endure) sound and wholesome instruction, but, having ears itching [for something pleasing and gratifying], they will gather to themselves one teacher after another to a considerable number, chosen to satisfy their own liking and to foster the errors they hold, And will turn aside from hearing the truth and wander off into myths and man-made fictions.

Romans 12:2 (AMPC)

Do not be conformed to this world (this age), [fashioned after and adapted to its external, superficial customs], but be transformed (changed) by the [entire] renewal of your mind [by its new ideals and its new attitude], so that you may prove [for yourselves] what is the good and acceptable and perfect will of God, even the thing which is good and acceptable and perfect [in His sight for you].

Hebrews 12:6 (AMPC)
For the Lord corrects and disciplines everyone whom He loves, and He punishes, even scourges, every son whom He accepts and welcomes to His heart and cherishes.

**Galatians 3:1-2 (AMPC)**

O YOU poor and silly and thoughtless and unreflecting and senseless Galatians! Who has fascinated or bewitched or cast a spell over you, unto whom—right before your very eyes—Jesus Christ (the Messiah) was openly and graphically set forth and portrayed as crucified? Let me ask you this one question: Did you receive the [Holy] Spirit as the result of obeying the Law and doing its works, or was it by hearing [the message of the Gospel] and believing [it]? [Was it from observing a law of rituals or from a message of faith?]

**Romans 7:18 (AMPC)**

For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot perform it. [I have the intention and urge to do what is right, but no power to carry it out.]

**Philippians 4:13 (AMPC)**

I have strength for all things in Christ Who empowers me [I am ready for anything and equal to anything through Him Who infuses inner strength into me; I am self-sufficient in Christ's sufficiency].

**Galatians 3:2-3 (AMPC)**

Let me ask you this one question: Did you receive the [Holy] Spirit as the result of obeying the Law and doing its works, or was it by hearing [the message of the Gospel] and believing [it]? [Was it from observing a law of rituals or from a message of faith?] Are you so foolish and so senseless and so silly? Having begun [your new life spiritually] with the [Holy] Spirit, are you now reaching perfection [by dependence] on the flesh?

**Philippians 1:6 (NIV)**

being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

**Philippians 1:6 (AMPC)**

And I am convinced and sure of this very thing, that He Who began a good work in you will continue until the day of Jesus Christ [right up to the time of His return], developing [that good work] and perfecting and bringing it to full completion in you.